

Association for Humanistic Counseling
A Division of the American Counseling Association
6101 Stevenson Avenue, Suite 600
Alexandria, VA 22304-3540



AMERICAN COUNSELING
ASSOCIATION

2018-2019



AHC

Association for Humanistic
Counseling

Your way to connect and stay current.



Association for Humanistic Counseling

What is AHC?

The Association for Humanistic Counseling (AHC) is one of the four founding divisions of the American Counseling Association (ACA). Grounded in humanistic principles, AHC members pursue activities that promote growth, wellness, and the pursuit of actualization for the various client populations we serve and in ourselves. Given humanism is the philosophic basis for the total counseling profession, AHC is the philosophy, theory, and applied theory (practice) division for ACA.

AHC...

- Encourages the development of the whole person including the physical, mental, emotional, social, and spiritual aspects of the self;
- Promotes the dignity and worth of the self within the context of one's community and culture;
- Recognizes the importance of advocating for a more just world; and
- Embraces a variety of counseling approaches that are each connected to the humanistic bases of the counseling profession. As examples, humanistic counselors identify with any one or more of the following: person-centered approaches, Adler's Individual Psychology, existential philosophy, and Gestalt therapy, family and systems therapy, transpersonal psychology, ecopsychology, contemplative and mindfulness practices, constructivist approaches, and others. Also, humanistic counselors work in a variety of settings including but not limited to schools and clinical or community counseling facilities.

While inspired by a shared yet multiplex philosophy, AHC is also a practice-focused division. As humanists, AHC members believe it is incumbent upon ourselves as professional counselors to affirm the dignity of all clients through counseling and advocacy practices that prize the importance of the relationship between people. Furthermore, we entrust in our clients' capacity to develop and prosper when they experience the best of their own devices and circumstances.

"The Heart and Conscience of the Counseling Profession"

Please visit our website at www.humanisticcounselor.com or email our AHC president, Jeff L. Cochran, at jcochr11@utk.edu.

Benefits of Joining AHC

The *Journal of Humanistic Counseling* is published three times per year and contains current research and theory pertaining to humanistic counseling. In addition, special topics are addressed in dedicated issues that are published annually. All members receive electronic access to the journal, which includes the full digital archive going back to 1(1). (*Print copies are available for a fee. See application for details.*)

Infochange is the association's newsletter that not only brings current information to members about the activities of the association,

but also features unique philosophical and literary columns from contributing members.

National Conference activities include the Wellness Center, AHC sponsored workshops for counselor wellness; the Empty Plate Project, which supports a conference city charitable organization through participants' personal donations; Reception; and Town Hall Member Meeting and Awards Ceremony.

Special Access to the AHC Website: The AHC website includes content for members and non-members. For AHC members, there are webcasts, CEU credits, discussion groups, and other member resources.

MAKE A DIFFERENCE Grant: \$750 grant to a graduate student whose research will make a difference for persons in need.

Division Awards: Division awards in various categories are presented yearly to quality candidates at the ACA conference, including awards for students, professional counselors, supervisors, authors, and others.

Types of Membership - *ACA membership required*

Professional: Individuals who hold a master's degree or higher in counseling or a closely related field from a college or university accredited by the Council for Higher Education Accreditation.

Regular: Individuals whose interests and activities are consistent with those of ACA, but who are not qualified for professional membership.

New Professional: A New Professional is someone who has graduated with a masters or a doctorate within the past 12 months. Status is good for one year.

Student: Individuals who are enrolled at least half-time in a college or university program.

Retired: Members who are retired from the counseling profession and have been active ACA/ACES members for the past 5 consecutive years.

JOIN NOW

Online counseling.org/membership

Phone 703-823-9800 x222
800-347-6647 x222
M-F 8:30 am - 5:30 pm, ET

Mail Application and payment to:
American Counseling Association
Attn: Accounting
6101 Stevenson Avenue, Suite 600
Alexandria, VA 22304

There shall be no discrimination against any individual on the basis of ethnic group, race, religion, gender, sexual orientation, age, and/or disability.

Your Passion. Your Profession. Our Purpose.

Are You Taking Advantage of All That ACA Has to Offer?

ACA is the leading advocate for you and your career. When you become a member of ACA, you become part of the largest network of counseling professionals in the world. That means direct access to the resources and education you need to stay at the top of your game, unlimited ways to connect with other counseling professionals for guidance and support, and powerful representation on the topics and issues that affect your career.

Professional Development

Career Advancement Resources

Take advantage of ACA's Career Central, where you have access to free resume critiques, mock interviews, job listings, search strategies and much more. ACA members also have opportunities to nominate and be recognized with more than 20 members-only awards.

Continuing Education

ACA makes earning your CE credits easy in our affordable, quality online courses available for you to take at your convenience. Presented by experts in a variety of subject areas, you can learn in webinars, book chapters, journal articles, practice briefs and much more.

Members Get FREE CE! ACA membership quickly pays for itself, as you earn one FREE CE credit each month (members are notified of opportunities in our email newsletter). That's a \$264 value.

ACA Conference & Expo

No other event gives you access to the education and networking you need to learn and grow in your counseling career. Each spring, you can access more than 30 hours of in-person CEs in hundreds of unique sessions created specifically for counseling professionals.

News, Information & Inspiration

Whether it's the monthly *Counseling Today* magazine, quarterly electronic counseling research journal, *Journal of Counseling & Development* (print copies available for a fee), or the weekly updates in our free *Counseling Insider* and *Member Minute* email newsletters (special focus editions also available), you have access to countless, timely resources at your fingertips.

ACA Bookstore

Keep up with your professional reading in hundreds of titles all at a special member discount. ACA members enjoy discounts of up to 30% off the list price on books written for counselors by counselors.

Practice Support

Professional Liability Insurance

ACA members are offered a full line of professional liability insurance products through the Healthcare Providers Service Organization (HPSO). Benefits include complimentary coverage

for Master's students with ACA student membership, up to a 60% discount for new professionals individually insured through HPSO, a 10% discount for all other individually insured ACA members, an opportunity for an additional 10% off with completion of CEs at the ACA conference, and up to a 15% risk management orientation discount for private practices or incorporated entities.

Health Insurance Programs

ACA provides assistance with dental, life, disability and long-term care insurance through special plans.

Ethics Consultations

Get the support you need when you need it. Consultations are available at no cost exclusively to ACA members 5 days a week with a 72-hour inquiry response time.

Advocacy

From advocating for critical legislation on Capitol Hill to promoting the value of professional counselors and counseling to the public, ACA is leading the charge to ensure that you receive the respect and support you deserve.

A Community of Your Own

ACA Connect

This online members-only networking tool allows you the opportunity to find friends and colleagues with similar interests, contribute practical tips and ideas, ask questions and get answers in real time, share powerful education resources, see who is attending events, watch brief instructional videos and so much more.

Social Media

ACA is highly engaged on Facebook (@American.Counseling.Association), Twitter (@CounselingViews) and Instagram (@AmericanCounselingAssociation). Like and follow us to get news, deadline reminders, information about special promotions, contests, deals and more.

ACA Divisions & Branches

Take your membership to the next level. Divisions and Branches represent the best opportunity to stay connected with colleagues working in your specific interest and practice areas or gain access to other counselors in your own neighborhood.

ACA Discounts

Members receive exclusive discounts on auto, home and personal insurance products as well as savings from industry leaders in travel, hotel, credit cards, office products and much more.

Find out more about all that ACA membership has to offer at [counseling.org/membership](https://www.counseling.org/membership).

AHC and ACA Membership Application 2018–2019

Applicant Information *(Fill out if paying by check or money order)*

If ACA Member, please provide your membership number _____
Full Legal Name _____
Mailing Address _____
City _____ State/Province _____ Zip _____
Country _____
Organization _____
Work Ph _____ Home Ph _____ Cell Ph _____
Fax _____ Email _____

Membership Desired

Joining AHC and ACA: Select your member category below, complete the application and fax or mail it to the American Counseling Association or join online at counseling.org.

ACA Members: *Division dues are prorated to coincide with your ACA membership expiration date. To add a Division to your ACA membership, log on to counseling.org with your username and password and select “Add a Division,” or contact an ACA Engagement Specialist at 800-347-6647 x222, M–F 8:30 am – 5:30 pm, ET.*

Joining AHC and ACA, check one

	AHC	ACA	Total
<input type="checkbox"/> Professional	\$45.00	+	\$185.00 = \$230.00
<input type="checkbox"/> Regular	\$45.00	+	\$185.00 = \$230.00
<input type="checkbox"/> New Professional*	\$35.00	+	\$102.00 = \$137.00
<input type="checkbox"/> Student*	\$35.00	+	\$102.00 = \$137.00
<input type="checkbox"/> Retired <i>(see qualification)</i>	\$35.00	+	\$102.00 = \$137.00

***New Professionals** please indicate date of graduation (month/year) _____/_____/_____ and institution _____.

***Students** please indicate expected date of graduation (month/year) _____/_____/_____ and institution _____.

AHC/ACA Membership Dues: *Membership in ACA means that you will abide by ACA’s Bylaws and other governing documents and are qualified for the membership category selected. By becoming an ACA member, you are agreeing to be subject to the rules and regulations of the ACA Code of Ethics which can include appropriate sanctions up to suspension or expulsion from ACA and public notice about any such action. The ACA Code of Ethics is available at counseling.org.*

Journal print fee *(optional)*

All AHC/ACA members receive electronic access to the *Journal of Counseling & Development (JCD)* and *Journal of Humanistic Counseling*, including the full digital archive. To receive a print copy of these journals, please check below and add the annual print fee to the total amount due. All members should update their email address in the space provided above, regardless of how you wish to receive your journal.

<input type="checkbox"/> <i>Journal of Counseling & Development (JCD)</i>	\$35
<input type="checkbox"/> <i>Journal of Humanistic Counseling</i>	\$15

Payment Method

Check or money order, payable to ACA in U.S. funds.

AMOUNT ENCLOSED \$ _____

Credit Card Payments: To join using a debit/credit card, log on to counseling.org/membership to pay online, or contact an ACA Engagement Specialist at 800-347-6647 x222, M–F 8:30 am – 5:30 pm, ET, to pay by phone.

Three-month Payment Plan Option *(by phone using a Debit/Credit Card Only)* A \$2 processing fee will be charged on both the 2nd & 3rd installments. To sign up for the payment plan, contact an ACA Engagement Specialist at 800-347-6647 x222, M–F 8:30 am – 5:30 pm, ET.

Mail application to: American Counseling Association
Attn: Accounting, 6101 Stevenson Avenue, Suite 600
Alexandria, VA 22304

Valid thru 6/30/2019 Source code: N19XDHC